

AND YOU THINK YOU'VE GOT PROBLEMS

A study of First Corinthians

BODY BUILDING

1 Corinthians 3:16-23 Jeff Schreve

What are the keys to growing strong?

1. Know who you are.

A. You are the Holy of Holies.

Do you not know that you are a temple of God, and that the Spirit of God dwells in you? 1 Corinthians 3:16

B. You are entrusted with an awesome responsibility.

If any man destroys [corrupts] the temple of God, God will destroy [corrupt] him, for the temple of God is holy, and that is what you are. 1 Corinthians 3:17

2. Follow the right plan.

Let no man deceive himself. If any man among you thinks that he is wise in this age, let him become foolish that he may become wise. For the wisdom of this world is foolishness before God. 1 Corinthians 3:18-19a

A. Don't follow worldly wisdom.

B. Follow godly wisdom.

1. God honors prayer.

My house will be called a house of prayer, but you are making it a robber's den. Matthew 21:13

2. God honors His Word.

But to this one I will look, to him who is humble and contrite of spirit, and who trembles at my word. Isaiah 66:2

3. God honors faith and patience.

...that you may not be sluggish, but imitators of those who through faith and patience inherit the promises.

Hebrews 6:12

4. God honors authenticity.

But woe to you, scribes and Pharisees, hypocrites ...

Matthew 23:13

5. God honors excellence.

Whether then you eat or drink or whatever you do, do all to the glory of God. 1 Corinthians 10:31

3. Keep your eyes on Jesus.

So then let no one boast in men for all things belong to you, whether Paul or Apollos or Cephas or the world or life or death or things present or things to come; all things belong to you, and you belong to Christ; and Christ belongs to God. 1 Corinthians 3:21-23

A. Don't glory in men.

B. Glory in Christ alone.

How are you doing with your body building?
