ATTITUDE FOR ALTITUDE

DO YOU WANT TO SOAR?Philippians 4:4-13 Jeff Schreve

Rejoice in the Lord always; again I will say, rejoice! Let your forbearing spirit be known to all men. The Lord is near. Philippians 4:4-5

How can you have an attitude like Paul that rises above regardless of the circumstances?

- 1. You make a conscious choice to rejoice.
 - A. Rejoicing is not a feeling but an act of the will. Though the fig tree should not blossom, and there be no fruit on the vines, though the yield of the olive should fail, and the fields produce no food, though the flock should be cut off from the fold, and there be no cattle in the stalls, yet I will exult in the LORD, I will rejoice in the God of my salvation. Habakkuk 3:17-18
 - B. Rejoicing is not in problems but in the Lord.

2. You bring all your cares to Him.

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. Philippians 4:6

A. Pray about everything and worry about nothing.

Cast your burden on the Lord [releasing the weight of it] and He will sustain you; He will never allow the [consistently] righteous to be moved (made to slip, fall, or fail). Psalm 55:22 AMP

B. Know that God promises peace.

And the peace of God, which surpasses all comprehension, shall guard your hearts and your minds in Christ Jesus. Philippians 4:7

3. You reject stinking thinking.

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind dwell on these things. Philippians 4:8

We are taking every thought captive to the obedience of Christ. 2 Corinthians 10:5

4. You walk by faith and not sight.

I can do all things through Him who strengthens me. Philippians 4:13

* No matter what you are facing, the Lord is able.

And he said to Him, "O Lord, how shall I deliver Israel? Behold, my family is the least in Manasseh, and I am the youngest in my father's house." But the LORD said to him, "Surely I will be with you, and you shall defeat Midian as one man." Judges 6:15-16

5. You keep doing it.

The things you have learned and received and heard and seen in me, practice these things; and the God of peace shall be with you.

Philippians 4:9

Will you do what God says to do?