

**UNDERSTANDING THE SEXES**  
*God's Blueprint for Men and Women*

**GOD'S PLAN FOR A WOMAN**

Genesis 2:18-25      Jeff Schreve

*Then the LORD God said, "It is not good for the man to be alone;  
I will make him a helper suitable for him." Genesis 2:18*

**What is God's plan with the creation of woman?**

**1. God created woman to be man's helper.**

*For man does not originate from woman, but woman from man; for  
indeed man was not created for the woman's sake, but woman  
for the man's sake. 1 Corinthians 11:8-9*

**A. Helper is not a menial, subservient term.**

**B. Helper is a worthy term.**

*Behold, God is my helper; the Lord is the sustainer  
of my soul. Psalm 54:4*

**C. Helper is the name given to the Holy Spirit.**

*"But the Helper, the Holy Spirit, whom the Father will send in  
My name, He will teach you all things, and bring to your  
remembrance all that I said to you. John 14:26*

**2. A woman will find fulfillment as she lives out God's plan.**

*Older women likewise are to be reverent in their behavior, not malicious  
gossips, nor enslaved to much wine, teaching what is good, that they may  
encourage the young women to love their husbands, to love their children,  
to be sensible, pure, workers at home, kind, being subject to their own  
husbands, that the word of God may not be dishonored. Titus 2:3-5*

**A. God wants a woman to walk with Him.**

*And let not your adornment be merely external ... but let it be the  
hidden person of the heart, with the imperishable quality of a gentle  
and quiet spirit, which is precious in the sight of God. 1 Peter 3:3-4*

B. God wants a woman to come alongside her husband.

1. She helps him by respecting Him.

*And let the wife see to it that she respect her husband.*

*Ephesians 5:33*

2. She helps him by following Him.

3. She helps him by encouraging Him.

4. She helps him by desiring Him.

5. She helps him by making home special.

**If you will fulfill God's plan, you will find fulfillment!**