#### LIFE IS HARD ... BUT GOD IS GOOD

# WHAT SONG ARE YOU SINGING? Psalm 40:1-5 Jeff Schreve

I waited patiently for the LORD; And He inclined to me, and heard my cry. He brought me up out of the pit of destruction, out of the miry clay; And He set my feet upon a rock making my footsteps firm. And He put a new song in my mouth, a song of praise to our God; Many will see and fear, And will trust in the LORD. How blessed is the man who has made the LORD his trust, And has not turned to the proud, nor to those who lapse into falsehood. Many, O LORD my God, are the wonders which Thou hast done, And Thy thoughts toward us; There is none to compare with Thee; If I would declare and speak of them, They would be too numerous to count. Psalm 40:1-5

### Are you singing the blues or singing of the blessings of God?

- 1. When your life is in the pit, it is easy to sing the blues.
  - A. A pit is a place where you feel stuck. They used ropes to lower Jeremiah into the cistern. The cistern didn't have any water in it, only mud. And Jeremiah sank down into the mud. Jeremiah 38:6 ERV
  - B. A pit is a place where you can't stand. I have nothing to stand on. I am sinking down, down into the mud. Psalm 69:2 ERV
  - C. A pit is a place where you can't see forward.
- 2. When your life is in the pit, it is critical to engage your faith.
  - A. You must look up.

"O our God, will You not judge them? For we are powerless before this great multitude who are coming against us; nor do we know what to do, but our eyes are on You." 2 Chronicles 20:12

- B. You must cry out.
- C. You must patiently wait.
- 3. When your life is in the pit, it is vital to know God is there.

## "When you pass through the waters, I will be with you." Isaiah 43:2.

- A. He answers prayer.
- B. He delivers those who trust Him.

For we do not want you to be unaware, brethren, of our affliction which came to us in Asia, that we were burdened excessively, beyond our strength, so that we despaired even of life; indeed, we had the sentence of death within ourselves so that we would not trust in ourselves, but in God who raises the dead; who delivered us from so great a peril of death, and will deliver us, He on whom we have set our hope. And He will yet deliver us .... 2 Corinthians 1:8-10

### C. He gives us a song of praise.

You are my hiding place; You preserve me from trouble; You surround me with songs of deliverance. Psalm 32:7

D. He gives us a <u>testimony</u> so we can <u>shine</u> and <u>share</u>.

When you are in a pit, don't give up, just keep looking up!