

GOD'S MESSAGE IN YOUR EMOTIONS
Tracing Emotional Pain to Victorious Living

FRUSTRATED!!

Jeremiah 1:4-10 Jeff Schreve

Q. What is God's message in the emotion of frustration?

A. Your God-given desire for purpose and meaning is on fire.

What does the Bible say to help you find your purpose in life?

1. God knows all about you.

O LORD, you have examined my heart and know everything about me.

Psalm 139:1 NLT

A. He knows your days.

All the days ordained for me were written in your book before one of them came to be. Psalm 139:16 NIV

B. He knows your ways.

You scrutinize my path and my lying down, and are intimately acquainted with all my ways. Psalm 139:3

2. God has a special plan for you.

"For I know the plans that I have for you," declares the LORD, "plans for welfare and not for calamity to give you a future and a hope."

Jeremiah 29:11

A. God's will is revealed by diligently seeking Him.

And you will seek Me and find Me, when you search for Me with all your heart. Jeremiah 29:13

B. God's will is revealed by humbly submitting to Him.

*If any man is **willing to do His will**, he shall know of the teaching, whether it is of God ... John 7:17*

C. God's will is revealed by simply delighting in Him.

Delight yourself in the LORD; and He will give you the desires of your heart. Psalm 37:4

3. God will equip you to accomplish His plan.

Then I said, "Alas, Lord God! Behold, I do not know how to speak, because I am a youth." Jeremiah 1:6

A. God will equip you with His presence.

"Do not be afraid of them, for I am with you to deliver you," declares the LORD. Jeremiah 1:8

B. God will equip you with His protection.

But the LORD is with me, like a dread champion; therefore my persecutors will stumble and not prevail. Jeremiah 20:11

C. God will equip you with His provision.

Behold, I have put My words in your mouth. Jeremiah 1:9

Do you want to silence the smoke alarm of frustration?

Start doing what God has made you to do.