

GOD'S MESSAGE IN YOUR EMOTIONS

Tracing Emotional Pain to Victorious Living

HAUNTED BY THE GHOST OF GUILT

Psalm 32:1-5

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Q. What is God's message in the emotion of guilt?

A. Your God-given sense of morality is on fire, and you need to deal with your sin.

1. Many people deal with sin the world's way.

A. They try to justify sin.

This is the way of an adulterous woman: She eats and wipes her mouth, and says, "I have done no wrong." Proverbs 30:20

If we say that we have no sin, we are deceiving ourselves, and the truth is not in us. If we say that we have not sinned, we make Him a liar, and His word is not in us. 1 John 1:8, 10

B. They try to hide sin.

When I kept silent about my sin, my body wasted away through my groaning all day long. Psalm 32:3

1. Hiding your sin brings pain.

*There is no health in my bones because of my sin.
Psalm 38:3*

2. Hiding your sin brings pressure.

For day and night Your hand was heavy upon me; My vitality was drained away as with the fever heat of summer. Selah. Psalm 32:4

3. Hiding your sin is foolish.

The eyes of the LORD are in every place, watching the evil and the good. Proverbs 15:3

2. God wants you to deal with sin His way.

A. God's way brings great blessing.

How blessed is he whose transgression is forgiven, whose sin is covered! How blessed is the man to whom the LORD does not impute iniquity, and in whose spirit there is no deceit!

Psalm 32:1-2

B. God's way involves open acknowledgement of sin.

I acknowledged my sin to You, and my iniquity I did not hide.

Psalm 32:5

C. God's way involves honest confession of sin.

If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9

D. God's way involves believing His word over your feelings.

And You forgave the guilt of my sin. Psalm 32:5

What God has cleansed, no longer consider unholy. Acts 10:15

If we say that we have fellowship with Him and yet walk in the darkness, we lie and do not practice the truth; but if we walk in the light as He Himself is in the light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin.

1 John 1:6-7

What will you do with your sin?