

THE SABBATH AND THE CHRISTIAN

Exodus 20:8-11 Jeff Schreve

Remember the sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath of the LORD your God; in it you shall not do any work, you or your son or your daughter, your male or your female servant or your cattle or your sojourner who stays with you. For in six days the LORD made the heavens and the earth, the sea and all that is in them, and rested on the seventh day; therefore the LORD blessed the sabbath day and made it holy.” Exodus 20:1-11

Do you really understand the 4th Commandment?

1. Remember why the sabbath was established.

"See, the LORD has given you the sabbath; therefore He gives you bread for two days on the sixth day. Remain every man in his place; let no man go out of his place on the seventh day." So the people rested on the seventh day. Exodus 16:29-30

*“But as for you, speak to the sons of Israel, saying, ‘You shall surely observe My sabbaths; **for this is a sign** between Me and you throughout your generations, that you may know that I am the LORD who sanctifies you ... So the sons of Israel shall observe the sabbath, to celebrate the sabbath throughout their generations as a perpetual covenant. **It is a sign between Me and the sons of Israel forever**; for in six days the LORD made heaven and earth, but on the seventh day He ceased from labor, and was refreshed.’” Exodus 31:13, 16-17*

A. It was a sign commemorating creation.

And by the seventh day God completed His work which He had done; and He rested on the seventh day from all His work which He had done. Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made. Genesis 2:2-3

B. It was a sign commemorating deliverance from Egypt.

“You shall remember that you were a slave in the land of Egypt, and the LORD your God brought you out of there by a mighty hand and by an outstretched arm; therefore the LORD your God commanded you to observe the sabbath day.”

Deuteronomy 5:15

2. Remember why the sabbath was so important.

Then Moses assembled all the congregation of the sons of Israel, and said to them, "These are the things that the LORD has commanded you to do. For six days work may be done, but on the seventh day you shall have a holy day, a sabbath of complete rest to the LORD; whoever does any work on it shall be put to death. You shall not kindle a fire in any of your dwellings on the sabbath day." Exodus 35:1-3

- A. God wanted His people to work diligently.
- B. God wanted His people to rest purposefully.
- C. God wanted His people to worship regularly and sincerely.

3. Remember what the sabbath means to us today.

- A. They had the sabbath day, we have the Lord's Day.

As it is the law of nature, that, in general, a due proportion of time be set apart for the worship of God; so, in His Word, by a positive, moral, and perpetual commandment binding all men in all ages, He hath particularly appointed one day in seven, for a Sabbath, to be kept holy unto Him, which, from the beginning of the world to the resurrection of Christ, was the last day of the week, and, from the resurrection of Christ, was changed into the first day of the week, which, in Scripture, is called the Lord's Day, and is to be continued to the end of the world, as the Christian Sabbath, — Westminster Confession of Faith 1646

B. They worked and worshiped, we worship and work.

May 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

printcal.net

C. They were before Christ, and we are after Christ.

Therefore no one is to act as your judge in regard to food or drink or in respect to a festival or a new moon or a Sabbath day—things which are a mere shadow of what is to come; but the substance belongs to Christ. Colossians 2:16-17

Are you remembering to honor God in worship and rest?